OCTOBER 2026

LMI LABOUR MARKET INFORMATION

LABOUR MARKET BRIEF ■ ATLANTIC REGION

CANADA

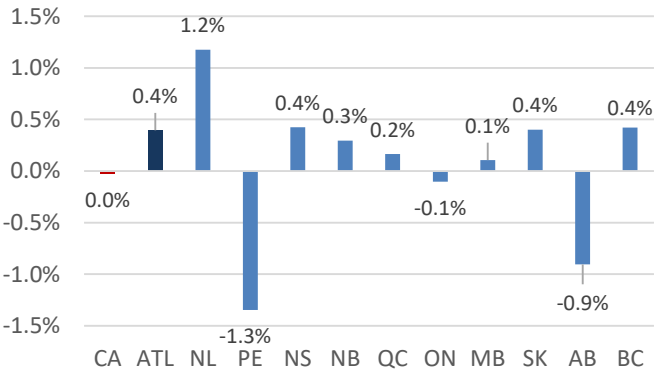
- Fewer people were working in October as employment fell by 4,700 jobs, making it the third consecutive monthly decline.
- Part-time jobs increased while full-time jobs declined.
- The unemployment rate moved higher in the month to 6.7%.
- The goods-producing sector added jobs (+20,600), while the services sector saw job reductions of 25,300.

ATLANTIC CANADA

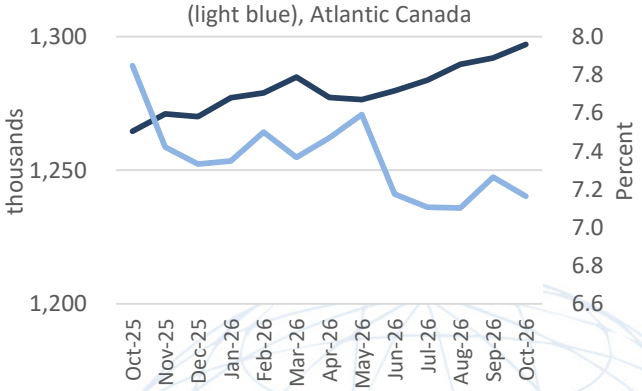
- Employment rose during the month by 5,100 jobs, making it the fifth consecutive monthly gain.
- Part-time jobs increased while full-time jobs declined.
- The unemployment rate fell in the month to 7.2%, resting just above the 12-month low of 7.1%.
- The goods-producing sector lost jobs in October (-900), while the services-producing sector saw growth of 5,900 jobs.

22,607,700 (+28,000)	LABOUR FORCE	**1,397,300 (+4,100)**
21,100,100 (-4,700)	EMPLOYMENT	**1,297,100 (+5,100)**

Employment Change (%) From Prior Month



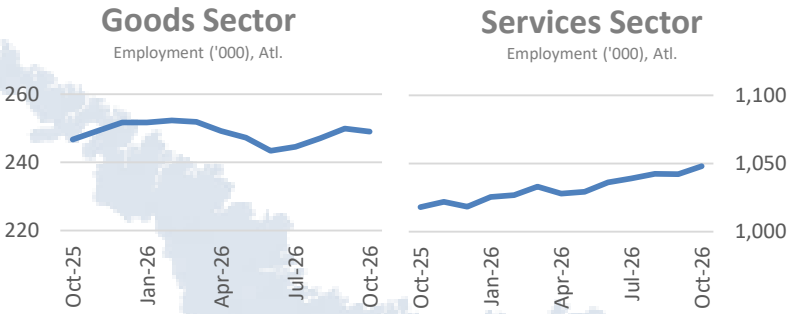
Employment (dark blue) and Unemployment Rate (light blue), Atlantic Canada



6.7% (+0.2)	UNEMPLOYMENT RATE	**7.2% (-0.1)**
64.8% (0.0)	PARTICIPATION RATE	**60.9% (+0.1)**

Statistics Canada, Labour Force Survey, Table 14-10-0287-01
Data above are seasonally adjusted. Values in brackets are month-over-month changes.

Employment and Social Development Canada
Emploi et Développement social Canada
Canada



Did You Know...

The healthcare and social assistance sector led employment growth over the past month, adding 2,500 jobs (+1.1%) in October and 7,700 jobs (+3.5%) over the past year. This strong growth is partly attributable to aggressive physician recruitment efforts across the Atlantic provinces. Notably, New Brunswick and Nova Scotia have reported record levels of physician recruitment. Despite these gains, labour shortages remain a significant challenge, with job vacancies persisting, particularly in rural and francophone communities.

FASTEST GROWING INDUSTRIES

Year/year employment change, Aug-Oct averages, Atl.

1. Transportation and warehousing **+8%**
2. Professional, scientific and technical services **+5%**
3. Educational services **+5%**
4. Utilities **+5%**
5. Other services (except public administration) **+5%**

NOVA SCOTIA

578,900	543,000	6.2%
Labour Force	Employment	Unemployment Rate
+1,800	**+2,300**	**-0.1**
Labour Force Change	Employment Change	Unemployment Rate Change

NEW BRUNSWICK

441,900	409,100	7.4%
Labour Force	Employment	Unemployment Rate
+1,400	**+1,200**	**0.0**
Labour Force Change	Employment Change	Unemployment Rate Change

NEWFOUNDLAND AND LABRADOR

273,500	249,700	8.7%
Labour Force	Employment	Unemployment Rate
+2,100	**+2,900**	**-0.4**
Labour Force Change	Employment Change	Unemployment Rate Change

PRINCE EDWARD ISLAND

103,000	95,300	7.4%
Labour Force	Employment	Unemployment Rate
-1,200	**-1,300**	**+0.1**
Labour Force Change	Employment Change	Unemployment Rate Change

Provincial estimates based on seasonally-adjusted data for the latest month and compared to the previous month.

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